## **ABSTRACT**

A method of filling and sealing a gas capsule having (i) a hollow body portion and (ii) an elongate hollow neck portion having a free open distal end extending from the body portion is disclosed. The method is accomplished by applying a filling cap to the open end of the neck portion while evacuating the capsule and refilling with helium. Two crimping steps while pressure is maintained finishes the filling and sealing method.

5